



# It's Time for You!

## Genesis Spirit of Women Can Help

Let us help strengthen your spirit, expand your health knowledge, and provide tools for a healthier you.

### Member benefits include:

Free health education and motivational programs on many health topics including cancer prevention, heart health, weight management and more.

### Our fun and informative programs include:

- Exclusive meet and greet with physicians and healthcare providers
- Engaging question and answer sessions with providers to help you learn even more
- Fun and interesting entertainment, healthy foods and door prizes
- Free health screenings

- An invitation to an annual "members only" event: Girls Night Out
- Special discounts at the Genesis Women's Boutique and discounts with our community partners including local restaurants and retail shops.

Take an active role in living a healthier lifestyle and join our program at [genesishcs/spirit.com](http://genesishcs/spirit.com) or complete the form on back and mail.



**Genesis**  
HEALTHCARE SYSTEM

Better Begins Here

*Spirit of*  
**Women**

**Yes, I would like to become a Genesis Spirit of Women member.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Age:

Under 17

18-35

36-44

45-55

56-69

70+

Your information will be kept confidential and will not be shared with anyone. It will be used to improve programs and services.

To receive your Spirit of Women membership kit, return this completed form with your **one-time payment of \$10** to:

Genesis Spirit of Women  
2503 Maple Ave., Suite A  
Zanesville, OH 43701

***Please make checks payable to Genesis HealthCare System.***

***For more information about Genesis Spirit of Women, call 740-454-4002.***

