

LiveWell

2018
SUMMER ISSUE

A GENESIS HEALTHCARE SYSTEM PUBLICATION

HER FUTURE LOOKS BRIGHT AGAIN

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Genesis
HEALTHCARE SYSTEM

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Her Future Looks Bright Again – Thanks to Genesis Cancer Care Team

Becky Downing, a college student, had big dreams. Then she developed a lump in her neck and was diagnosed with Hodgkin's lymphoma. Becky chose to receive cancer treatment at the Genesis Cancer Care Center and applauds the Genesis Cancer Care team for helping her through her journey and reaching her goal.

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Palliative Care to the Rescue – Home Program Changes Life

Franklin Beaver had serious health issues. With help from the Genesis Palliative Care Home Program, the Zanesville man moved to a new location, obtained funding for his medication and improved his health.

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Genesis One of First in Area to Implement Technology – An Investment in Safety

Genesis has made a commitment in the most up-to-date technology. Find out how you can be a part of this initiative.

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Building Roads to Better Heart Health – Symptoms Alert Local Man to Heart Problem

Daniel Wilson was chopping wood when he started feeling lightheaded. He was able to receive open heart surgery and expert care from our experienced cardiovascular team. Now the Zanesville man is back to work and enjoying life with his family.

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Happenings

Read about Genesis' national awards, events, Genesis Volunteer News, a special ceremony held at the hospital and lots more.



PROVIDING THE BEST CARE FOR YOU

I'm excited to announce that the Genesis Perry County Medical Center open house is scheduled for Saturday, Aug. 18, from 10 a.m. to 1 p.m. The new facility was built to save lives in Perry County and the surrounding areas by providing 24/7 full service emergency care. The Emergency

Department opens for business at 7 a.m. Monday, Aug. 20. The medical center also offers a wide array of services close to home, including rehabilitation therapies, radiological imaging, cardiac diagnostics, lab services and physician specialists.

Providing new facilities and keeping up to date with the latest technology helps provide you with the best possible care. In this edition of *LiveWell*, you'll read how Becky Downing, a 21-year-old recent college graduate, chose to receive cancer treatments at our Genesis Cancer Care Center. Look inside to find Becky's amazing story of hope and healing.

To provide the best care, we've recruited some of the top doctors in the country. You'll find a feature on Christopher Genco, M.D., cardiothoracic vascular surgeon. You can also read an article about one of his patients who had open heart surgery, Daniel Wilson of Zanesville. You'll learn about Daniel's symptoms while chopping wood and how he was able to receive open heart surgery by Dr. Genco. You can also find out what Daniel is able to enjoy doing now.

Inside this edition, you will find a remarkable story on a local man receiving care from our Palliative Care Home Program. Franklin Beaver suffered from severe COPD, was able to get help for his breathing problems and now is enjoying life. Our Genesis Palliative Care provides services for patients and their families facing a serious illness.

I experienced first-hand the comfort Genesis Palliative Care provides when my first wife, Kelly, was undergoing her cancer treatment at Genesis. An entire care team, including physicians, nurses, spiritual care, and others, was beside us every step of the way. Thanks to the compassionate care she received at Genesis, Kelly lived fully until the last week of her life. While we could have gone elsewhere for care, we knew that the best care was right here. All of us at Genesis are working hard to provide the best care for you and your family.

At the end of our magazine you can find our Happenings section. Read about recent awards Genesis received for providing quality care, our dedicated volunteers fulfilling their \$1 million pledge to the Genesis Heart & Vascular Center, photos from recent Genesis events and much more.

I hope you have a healthy summer and enjoy time with your family and friends.

Matthew J. Perry | Matthew J. Perry, President & CEO



MEET CHRISTOPHER GENCO, M.D.

Cardiothoracic Vascular Surgery

Dr. Genco has joined the Genesis Heart, Lung & Vascular Group, specializing in cardiothoracic vascular surgery.

Cardiothoracic vascular surgeons are specially trained to do procedures on the heart, lung, esophagus and other organs in the chest. Cardiothoracic surgery is one of the most challenging and demanding subspecialties. "It takes a tremendous amount of commitment and many years of training," Dr. Genco said.

Dr. Genco's scope of practice includes valve replacement or repair, coronary artery bypass surgery, lung resections, carotid endarterectomies (removing blockage in arteries), aneurysm repairs and other procedures.

He received his doctor of medicine at the State University of New York (SUNY) at Stony Brook in Stony Brook, New York, and he completed his residency in general surgery at SUNY and a cardiothoracic surgery residency at the New England Medical Center in Boston.

He also completed a fellowship in endovascular surgery at Columbia Presbyterian Hospital in New York.

Dr. Genco hails from a practice in Saginaw, Michigan, where he performed more than 300 open heart surgeries annually with a career total of more than 5,000 open heart procedures. The people of Southeastern Ohio have a similar strong work ethic and hospitality to those of Saginaw. "People here truly appreciate Genesis Hospital and what we can do for them," Dr. Genco said.

He and his two children all earned their undergraduate educations from The University of Notre Dame, and one of his favorite free-time pleasures is to travel with them to their alma mater whenever possible.

Dr. Genco's office is located at 955 Bethesda Drive in the Genesis Heart & Vascular Center, Physician Pavilion, and the phone number is (740) 454-0804.

WELCOME TO NEW PHYSICIANS



Ashley Hothem, M.D.

Obstetrics/Gynecology

Ashley Hothem, M.D., has joined the Genesis Medical Group as an OB/GYN specializing in the woman's reproductive tract, pregnancy and childbirth. She earned her doctor of medicine at Northeast Ohio Medical

University (NEOMED) in Rootstown. She then completed her OB/GYN residency in 2011 at Washington Hospital Center in Washington, D.C., and held the role of administrative chief resident during her final year.

Dr. Hothem brings seven years of OB/GYN experience to Genesis. She is a fellow of the American College of Obstetrics and Gynecologists and holds an active board certification from the American Board of Obstetrics and Gynecology.

Dr. Hothem is located at 975 Bethesda Drive, Building 7, Zanesville. Call (740) 454-6808 to make an appointment.



Lane Lee, D.O., FACS, FACOS

Vascular Surgery

Lane Lee, D.O., FACS, FACOS, joined the Genesis Heart, Lung & Vascular Group. He earned his doctor of osteopathy from Oklahoma State University College of Osteopathic Medicine. He completed his general surgery

residency and vascular surgery fellowship at Doctor's Hospital in Columbus. Dr. Lee has been in practice since 1995 and specializes in peripheral arterial and venous disease.

He served as an Army Lt. Colonel in the National Guard from 1990-2002. Dr. Lee is board-certified in both general surgery and vascular surgery. He has lectured nationally on endovascular surgery and venous disease and is a board examiner for the American Board of Osteopathic Surgery.

Dr. Lee's office is located at the Genesis Heart & Vascular Center, Physician Pavilion, 955 Bethesda Drive, Zanesville, and the phone number is (740) 454-0804.



Abdullah Mohammed S. AlGhamdi, M.D.

Pulmonary Critical Care Medicine

Abdullah Mohammed S. AlGhamdi, M.D., is providing pulmonary critical care services for Genesis HealthCare System. Dr. AlGhamdi received his doctor of medicine at the King Abdulaziz University in Jeddah, Saudi Arabia.

He then completed a residency in internal medicine at Case Western Reserve University Hospital in Cleveland before completing a fellowship in pulmonary medicine, critical care medicine and sleep medicine at George Washington University Hospital in Washington, D.C. Dr. AlGhamdi is providing hospital-based services at this time.



Max Pusz, M.D.

Otolaryngology (ear, nose and throat)

Max Pusz, M.D., has joined the Genesis Medical Group, specializing in otolaryngology (ear, nose and throat). Dr. Pusz attended medical school at Northeast Ohio Medical University (NEOMED). He went on to finish his

otolaryngology residency in 2015 at Walter Reed National Military Center in Bethesda, Maryland.

Dr. Pusz has leadership experience including his most recent role as the chief physician for the Department of Otolaryngology Head and Neck Surgery and Audiology at Evans Army Community Hospital in Fort Carson, Colorado. He is board-certified by the American Board of Otolaryngology.

Dr. Pusz is located at the Genesis ENT Group office, 2945 Maple Ave., Zanesville, and the office phone number is (740) 454-0158.

HER FUTURE LOOKS BRIGHT AGAIN

Thanks to Genesis Cancer Care Team

As a bright-eyed college student, Becky Downing, 21, radiated with enthusiasm for the future. She excelled at Hope College in Michigan, and her dream job involved working for Disney. During her senior year, she even lined up an interview for a coveted internship at “The Happiest Place on Earth.” Everything seemed to be going perfectly.

But one day before her Disney interviews, she woke with a curious, itchy rash. Then, just weeks later, another change appeared – one her roommates nicknamed, “Lumpy.”

“Lumpy” grew on the left side of Becky’s neck and measured about 3 centimeters across. Her initial needle biopsy was inconclusive, so she had a surgical biopsy, and the diagnosis was Hodgkin’s lymphoma.

Becky learned that the most common symptom for Hodgkin’s lymphoma is a lump in the neck, underarm or groin. Itchy skin is another common symptom. Other symptoms, which Becky didn’t experience, include night sweats, fever and unexplained weight loss.



Becky Downing chose to receive care at Genesis, and the young woman credits the Genesis Cancer Services team with helping her through the journey and being able to graduate from college on time in the spring.

Coming Home for Treatment

Determined to graduate on time, Becky decided to complete her last semester of her senior year online, while receiving cancer treatment in her hometown of Zanesville at the Genesis Cancer Care Center. She and her family knew she would receive excellent care there.

Annette Barr, R.N., B.S.N., CGRN, OCN, was Becky’s cancer navigator. “Navigation is about developing a relationship with a patient. It’s important to identify the care recommendations along with a patient’s goals,” said Barr. “Becky was amazing during treatment. It was immediately obvious that Becky had developed her life plan, and this cancer was not about to slow her down. She was always upbeat. She was also surrounded by a supportive and cohesive network of family and friends who were there for her during her good days and her not-so-good days.”

Becky’s initial treatment involved chemotherapy. Under the care of Scott Wegner, M.D., hematologist/oncologist and medical director of Genesis Cancer Services, she received chemotherapy infusions every other week for two months. Other than losing her hair, Becky said this part of her journey was the easiest. The next step was radiation treatment.

The Good ... and the Bad

The good news: Hodgkin’s lymphoma cure rates stand between 80 and 90 percent. The bad news: When patients receive radiation for Hodgkin’s lymphoma at a young age, treatment-related health problems can arise later. Fortunately, today’s cutting-edge technology and techniques aim to change that.

“We know Hodgkin’s lymphoma risks peak for people in their 20s and then again in their 60s,” explained Eugene Hong, M.D., radiation oncologist at Genesis who treated Becky. “We also know patients receiving treatment for Hodgkin’s lymphoma in their 20s often experience side effects decades after treatment. For example, people treated in the 1960s developed health issues more problematic than the original cancer itself – like heart disease and secondary cancers. That’s why today’s treatments for young patients strive to minimize potential long-term side effects while maintaining cure rates. With that in mind, we chose the deep-inspiration breathing technique for Becky.”



Eugene Hong, M.D.
Radiation Oncology
Genesis Cancer Care Center

Reducing Exposure to Radiation

The Deep-Inspiration Breath Hold (DIBH) technique dramatically reduces radiation exposure to the heart, breast tissue and lungs.

Here’s how:

Physicians use cutting-edge, 4-dimensional (4-D) imaging technology for planning treatment. This means images are captured in real time, displaying the rise and fall of the chest, and the movement of organs and tumors within, as patients breathe.

The radiation specialists then use the 4-D images to map a targeted path for the radiation, calculating exactly how much radiation exposure surrounding tissue and organs receive. During treatment, the patient holds a deep breath – and his/her organs in place – for 30 to 40 second intervals, while radiation is administered. Deep breaths must be identical, allowing the body and technology to align with exactness.

Deep Breathing Is Simple, Right?

Taking a deep breath sounds simple, but inhaling a precise amount of air repetitively takes practice and patience.

“Every breath is a little different,” Dr. Hong said. “It often requires multiple tries to align everything within the strict parameters. Our computer records a surface map of the body and shows when the body, belly and lungs are perfectly placed for radiation.”

Although the technique’s precision requires more time and effort, the accuracy makes it worthwhile. For example, as Becky held her breath, her heart dropped lower, allowing radiation beams to target tumors while evading her heart and other vital areas.

“With traditional radiation techniques, Becky’s heart would’ve been exposed to the full radiation dose and her long-term heart disease risk would’ve increased significantly. Using DIBH, Becky’s heart only received a tiny fraction of the radiation dose and this would avoid an increase in her risk of heart disease,” Dr. Hong said.

DIHB can also benefit certain patients with lung cancer, breast cancer and non-Hodgkin lymphoma. While the capabilities of using DIHB at Genesis are limited at this time, the Cancer Services team is considering purchasing the equipment to enable more qualified patients to be able to use this innovative technique.

Cancer-free ... And a Bright Future

After completing treatment at the Genesis Cancer Center, Becky returned to Hope College in May – cancer-free – to walk with her graduating class. While classmates cheered her heroic feat, Becky said Genesis’ cancer team also deserves applause.

“The doctors and nurses are amazing. It’s obvious they know what they’re doing, and they genuinely care,” Becky said. “Cancer, no matter how you slice it, is awful and hard, but I had an overall good experience ... it worked out a lot better than I expected.”

Now that Becky is cancer-free, a college grad and armed with a survivorship plan the Genesis cancer team developed for her, she’s taking deep breaths of relief. This fall, she will begin her much-anticipated internship with Disney. Her future feels bright again.

PALLIATIVE CARE TO THE RESCUE

Home Program Changes Life

Franklin Beaver's health was not good. He had been hospitalized for severe Chronic Obstructive Pulmonary Disease (COPD). "When we first met him, he was in really bad shape," said Donna Lewis, Advanced Practice Nurse, Clinical Nurse Specialist (APRN-CNS), Genesis Palliative Care.

The 75-year-old was basically homebound and living in a place that had standing water – making his breathing problems worse. "He was a gentleman at home not knowing what his future held because he did not have access to the care he needed," said Erin Remster, D.O., medical director, Genesis Palliative Care.

While in Genesis Hospital, Franklin was referred to the Palliative Care Home Program by a hospitalist (a doctor who cares for patients in the hospital). The Palliative Care Home Program was developed for patients, like Franklin, who might have barriers to access to care. Palliative Care helps patients manage the symptoms and stress that come with some serious illnesses such as advanced lung disease, heart disease or cancer. "Our Palliative Care Home Program was

designed to meet the needs of patients who are unable to attend regular office visits due to the severity of illness or complex transportation issues," Dr. Remster said. "We're able to identify needs when we visit patients in their home environment that contribute to their health such as daily routines, access to medications, and presence or lack of family/friend support."

The Palliative Care Home Program's team of doctors, advanced practice nurses and social workers collaborated to help Franklin get the care he needed. Social Worker Rachel Watson's goal is to connect patients with the most appropriate resources to allow them to live a more productive life. "Franklin struggled with lack of socialization which affected his motivation to improve and led to frequent exacerbations of his COPD symptoms," Watson said.

The social workers helped Franklin learn the importance of an active lifestyle to improve his overall well-being. "Franklin's new passion and willingness to better his own life has helped him gain access to care and receive community resources. His friendly smile and thankfulness have reminded the entire Palliative Care team the importance of this program," Watson said.

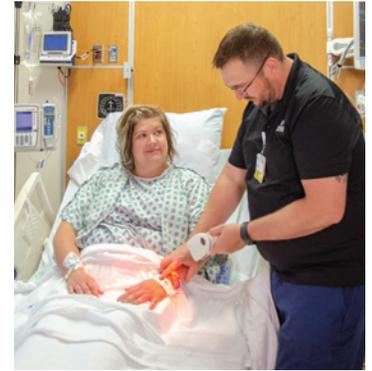
With the help of the Palliative Care team, Franklin moved into an independent living facility in Zanesville, and less than a year after being in the Palliative Care Home Program he enjoys playing bingo, winning prizes and going outdoors.

Before being helped by the Palliative Care team and the Genesis Lung Clinic, Franklin's breathing problems hadn't been addressed properly and his health was decreasing. "This is the first time I've received the care I've needed, and I'm grateful," Franklin said. He was paying about \$500 out-of-pocket costs for medications that are now covered through the 340B Medication Assistance grant program (Genesis Lung Clinic). Along with helping Franklin obtain medications for his breathing problems, he quit smoking. "I was a smoker for 60 years. When I was in the hospital on a breathing machine, I prayed to the Lord to get me out of here, and I would quit smoking. And I did."

What would have happened to Franklin if he hadn't participated in the Genesis Palliative Care Home Program? "I'd probably be six feet under," Franklin said. He appreciates the difference the care has made in his life. "This is the best place to be. I've been in several hospitals in Ohio and received outpatient care, and none of the other places did for me what they've been able to do for me here."

Franklin Beaver has a better quality of life after receiving help from the Genesis Palliative Care team.





GENESIS ONE OF FIRST IN AREA TO IMPLEMENT TECHNOLOGY

An Investment in Safety

Genesis has a culture of safety, and all levels of the organization are accountable. The safety of our patients is one of the top requirements for nurses, and processes used in the delivery of care are always being reviewed.

To improve safety in the way medicine is delivered to our patients, Genesis brought together a team of nurses, pharmacists, information technology professionals and administrators. A solution to ensuring patient safety was found in technology.

Genesis is investing more than a \$1 million in smart IV pumps and barcode technology. This cutting-edge method is designed to make medication delivery safer by integrating the IV pump with Epic, the electronic medical record system used at Genesis.

With Genesis' new smart IV pumps, a physician enters the medication type and information about the dose and the timing into Epic, and a pharmacist checks the prescription order for accuracy. A nurse scans the barcode on both the patient's wristband and the pump. The pump checks to ensure the dose is within the prescribing limits for that medication and then administers the medicine at the amount prescribed. The pump also automatically enters the information in the patient's Epic records.

Create a Legacy for Our Community

Replacement of all IV pumps in Genesis Hospital and outpatient settings will require an investment of \$1.2 million. The Genesis HealthCare Foundation is raising funds for this important safety project.

The benefits of the new IV pumps include:

- Increased patient safety
- More time for staff to be with patients
- Improved recordkeeping

Genesis is among the first hospitals in Central and Southeastern Ohio to implement this type of IV pump. You can be a part of a program that helps right here in your community. To make a donation, go to genesishcs.org/IVpumpproject. Select IV Pump Project under "What area shall we direct your gift?" Your gift will help make a difference.



BUILDING ROADS TO BETTER HEART HEALTH

Symptoms Alert Local Man to Heart Problem

"What's the matter, Grandpa?" asked seven-year-old Hunter. Daniel Wilson rested on a log and inhaled deeply.

"I'm just going to sit here and relax," Daniel said, trying to make sense of the new, lightheaded feeling swirling inside of him. This was the second night in a row that lightheadedness cut into his wood splitting attempts.

"When I went into surgery I felt so nervous, but then I looked around and saw an anesthesiologist, who's a friend of mine, and a couple nurses I knew, and I relaxed."

- Daniel Wilson



Daniel Wilson of Zanesville is back enjoying life on the family farm thanks to the expert care by Christopher Genco, M.D., cardiothoracic vascular surgeon at Genesis.

Feels Like a Family Journey

Heart disease runs in Daniel's family. His father died during a similar open heart surgery about 40 years ago. To prepare for his surgery, Daniel attended church and visited his father's grave.

"I was scared to death," Daniel recalled. "When I went into surgery I felt so nervous, but then I looked around and saw an anesthesiologist, who's a friend of mine, and a couple nurses I knew, and I relaxed. I knew I was in good care. The doctors and nurses were pulling for me, and I had a whole bunch of family in the waiting room too. Everybody cared, and I made it through."

Daniel said his support system and trust in the advanced cardiology care at Genesis remained strong throughout his entire journey – from diagnosis, through treatment and recovery. He said his hospital room was dubbed "Main Street" due to many visitors; and his wife, grandson and three-year-old granddaughter, "Nurse Sofia," doted on him constantly.

"I did this for my family," Daniel said. "But if I did it all again, I'd have started losing weight earlier. I didn't realize I was so heavy; it just crept up on me."

"I'm happy to tell everyone how the experts at Genesis enabled me to get back to working and enjoying life."

- Daniel Wilson

Daniel's weight loss started about a month before his heart-related symptoms surfaced, when he lost 60 pounds by removing pop and sugary drinks from his daily diet.

"We can't make coronary artery disease go away, but there are ways to slow the disease's progression," Dr. Genco said. Healthy habits will be vital to keeping his coronary artery disease in check. Habits that promote healthy arteries include managing diabetes, blood pressure and cholesterol levels; eating healthy; exercising; not smoking; weight loss; and reducing stress.

Sharing the Road to Recovery

After his CABG procedure in February, Daniel recovered for 11 weeks before returning to work. He doesn't split wood or lift heavy items yet, but he does bail hay, drive the tractor and spend quality time with his children and grandchildren on the family farm.

"I'm back to doing the things I like to do," Daniel said. "Family and friends ask what doctor I used, and I've already referred several to Dr. Genco. I like him a lot, and I'm happy to tell everyone how the experts at Genesis enabled me to get back to working and enjoying life."

The next day, Daniel went to work at Genesis in Materials Distribution. He's served in the department that delivers supplies throughout the hospital for 24 years and knows most of the hospital's team members. Sighting Duane Pool, M.D., cardiologist, down the hallway, Daniel asked, "Hey doc, what does it mean if you get lightheaded when splitting firewood?" Dr. Pool quickly replied, "It means you need to get into my office."

After hearing Daniel's symptoms and considering his family history, Dr. Pool scheduled a heart catheterization at the Genesis Catheterization Lab. Dr. Pool found blockage, and Daniel was referred to Christopher Genco, M.D., cardiothoracic vascular surgeon at Genesis. "Dr. Pool found severe coronary artery disease in two of Daniel's main vessels," Dr. Genco explained. "One artery with two large branches was 100 percent blocked, and the other artery was 80 percent blocked." Daniel was soon scheduled for surgery.

Bypassing Road Blocks with Advanced Care

Coronary artery disease develops as plaque builds. Eventually, the artery narrows and blood flow decreases significantly, causing shortness of breath, chest pain, lightheadedness and other symptoms. Though the disease cannot be cured, quality of life can greatly improve for people with severe disease when surgeons perform coronary artery bypass grafting (CABG).

"Think of it this way, Daniel's main road, or artery, was blocked and we needed to build roads around the blockage," Dr. Genco said. "We build the bypass by grafting the veins from the patient's legs or use the mammary artery . . . Just like we turn off a car's engine when working on it, in Daniel's case we stopped the heart for about 1.5 hours to perform the bypass. As we build the roads and work on the stilled heart, a bypass machine maintains blood and oxygen circulation throughout the body. When we're finished, blood flow is restored and the heart starts pumping again."

Though Dr. Genco explains CABG in simple terms, the advanced procedure requires expertise and top-quality care. "We're fortunate to have a hospital providing such quality heart care close to home," Dr. Genco said. "It provides residents with access to needed health care and opportunities to heal while surrounded by friends and family."



Christopher Genco, M.D.
Cardiothoracic Vascular Surgeon
Genesis Heart, Lung &
Vascular Group

HAPPENINGS



Nationally Recognized Resuscitation Award

Genesis HealthCare System received the Get With The Guidelines®-Resuscitation Gold Plus Award for implementing specific quality improvement measures outlined by the American Heart Association for treatment of the adult patient population who suffer cardiac arrests in the hospital.

Guidelines include following protocols for patient safety, medical emergency team response, effective and timely resuscitation (CPR) and post-resuscitation care. To qualify for the awards, hospitals must comply with the quality measures for two or more consecutive years.

Staff from the Genesis Critical Care Unit with the Get With The Guidelines®-Resuscitation Gold Plus Quality Achievement award for the Adult Population, left to right, are Heath Herron, Chase Fuller, Jennifer Jackson, Philip Fields, M.D., and Garrett Bennington.



Genesis Participates in Take Back Drugs Day

Take Back Day, a free event to anonymously and safely dispose of unused, expired and unwanted prescription medicine was held in the parking lot of the Zanesville-Muskingum County Health Department with staff from Genesis HealthCare System, Northside Pharmacy, the Muskingum County Sheriff's Office, Muskingum Behavioral Health and the Drug Enforcement Administration.

Take Back Day addresses a vital public safety and public health issue. Medicines left in home cabinets are highly susceptible to misuse and abuse. Northside Pharmacies has three permanent medication disposal drop units available during business hours at 2899 Bell St., Zanesville; 1300 Clark St., Cambridge; and 100 W. Main St., Somerset.

Pictured left to right are Northside Pharmacy employees, John Sherman, Amber Parrish and Ashley Sletzer.



Thank You Volunteers!

Genesis Volunteers achieved their \$1 million pledge to the Genesis Heart & Vascular Center. The goal was met through fundraisers such as the books sale, jewelry sale and Tree of Love as well as through the Genesis Hospital gift shop.

Presenting the check are, left to right, volunteers Jon Brooks and Carol Kohler with Jerry Nolder, director, Genesis HealthCare Foundation.



Wedding Takes Place in Genesis Hospital

A compassionate group of Genesis nurses and staff from Spiritual Care, Rapid Response, the Emergency Department and a Nursing Campus coordinator made a bride and her family extraordinarily happy.

A nursing team heard about a patient who was not able to be discharged, and therefore could not walk his daughter down the aisle at her wedding – scheduled that day. The team wondered if a wedding ceremony could be held in the hospital chapel.

The patient's family was willing, so a wedding ceremony was held at the St. Francis Chapel at Genesis Hospital. The father of the bride was able to walk his daughter down the aisle, and the family was extremely thankful that the compassionate staff at Genesis was able to make the special day happen.

The Genesis team pictured front row left to right are Laura Mihalik, RN; and Betsy Lawhorne, RN; back row Sister Bernadette Selinsky and Rob Morris, Spiritual Care; and Theresa Feldner, LPN.



Genesis Community Ambulance Unveils New Mobile ICU

Genesis Community Ambulance unveiled their new Mobile Intensive Care Unit (MICU) recently. The MICU was custom built with a design that functions like a critical care room.

The MICU is for patients who require rapid transport for time sensitive procedures or need advanced life-support therapies en route to the hospital.

Since 2006, Genesis has provided the highest level of critical care transport from referring facilities to and from Genesis Hospital. Genesis Community Ambulance MICU nurses are required to have two years of experience in the Emergency Department as well as extensive training in transport care.

Genesis Community Ambulance MICU RNs, left to right, are Marion Lazar and Kelly Mallett, with the recently unveiled Mobile Intensive Care Unit.

In the Know

Sign up today and be "in the know" about all things Genesis with our quarterly email highlighting events, physicians, new programs or technology. Don't worry, we won't share your email, and you can opt out at any time. To sign up for the Genesis email, you can email rlafever@genesishcs.org or call (740) 454-5913.

Genesis Perry County Medical Center Open House Scheduled

The Genesis Perry County Medical Center (GPCMC) open house is scheduled for Saturday, Aug. 18, from 10 a.m. to 1 p.m. The new facility in Somerset is designed to save lives locally. Along with a 24/7 full service Emergency Department, the medical center also offers rehabilitation therapies, outpatient services and specialty physicians. You can find more information about the new medical center at genesishcs.org.



Genesis Named 100 Best Places to Work in IT

The Genesis IT department was nationally recognized and named No. 14 among midsize businesses as a 2018 Best Places to Work in Information Technology by IDG's Computerworld. The list of best places to work in IT is an annual ranking of the top 100 work environments for technology professionals by Computerworld, a publication website and digital magazine. Criteria for the annual ranking included a comprehensive questionnaire regarding company offerings in categories such as benefits, career development, training and retention. Computerworld conducts extensive surveys of IT workers and their responses factor heavily in determining the rankings.

Genesis IT specialists celebrate the news of Genesis Information Technology being awarded one of the 2018 Best Places to Work in IT. Front row, pictured left to right, are Kathy Brock and Chris King. Back row, pictured left to right, are Mark Spiker, Sharon Duffy and Heather Miller.

Nationally Recognized Stroke Care

Genesis has once again earned Primary Stroke Certification by the Healthcare Facilities Accreditation Program (HFAP), the nation's original independent, accreditation organization recognized by the U.S. Centers for Medicare & Medicaid Services.

Primary Stroke Certification means we have the capacity to stabilize and treat acute stroke patients, provide acute care, and give tPA (to dissolve the clot) and other therapies safely and efficiently. It shows that our team of experienced and skilled physicians, advanced practice providers, nurses and other staff provide life-saving care to patients when they arrive at the Emergency Department, as well as follow-up care. We also dedicate numerous resources to educating people about recognizing the signs of stroke.



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CHANGE SERVICE REQUESTED

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is a quarterly publication of Genesis HealthCare System for members of our community.

If you would like to be added to or removed from the *LiveWell* mailing list, contact:

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